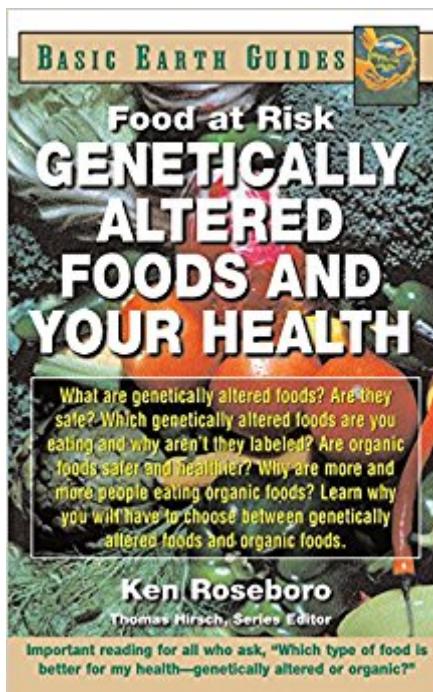


The book was found

# Genetically Altered Foods And Your Health: Food At Risk (Basic Earth Guides)



## **Synopsis**

This book examines how genetic engineering is radically changing our food at great risk to human health and the environment. Why are scientists genetically altering foods? Are they safe? Why aren't genetically engineered foods labelled as such? Author Ken Roseboro addresses these and other issues concerning genetically altered foods, and explains why organic foods are practical and safe alternatives to this risky technology.

## **Book Information**

Series: Basic Earth Guides

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Average Customer Review: 4.4 out of 5 stars 7 customer reviews

Best Sellers Rank: #3,504,133 in Books (See Top 100 in Books) #80 in Books > Health, Fitness & Dieting > Nutrition > Genetically Engineered Food #4973 in Books > Books > Science & Math > Agricultural Sciences > Food Science #14478 in Books > Books > Science & Math > Evolution

## **Customer Reviews**

Editor and publisher of The Non-GMO Report, a monthly newsletter focusing on the risks of genetically engineered food.

A concise explanation and good background on this epidemic to come. Enough information to help anyone sitting the fence to make up their mind, and to scare the daylights out of anyone already convinced.

OK, smaller book than I thought it was going to be. Was disappointed in no more info than it had about the dangers of future GMO's.

This book is part of an educational plan I have for 2013. Great reference item for my family and library. I would give this as a gift to a friend.

This is a good overview of the subject.

If you are short on time or money, you no longer have reasons to be uninformed of the dangers of genetically altered foods. "Genetically Altered Foods and Your Health" is the cheapest, shortest and (as of summer 2004) newest book on all the issues related to genetically altered foods. If you eat, you must read this book!A short "Basic Earth Guide" pocket-sized book, these 120 pages lay out the complete landscape of genetically altered foods: the promises and the risks of altering the genes in foods; how our food supply has been affected by genetically altered foods; the potential for damage to our health and our ecosystem; damage already done; the politics of genetically altering foods; and how different countries have reacted. The facts are backed up by references.This book also empowers the reader with the knowledge of a viable alternative: organic food. In chapter after chapter, author Ken Roseboro paints a thorough picture of how organic food -- without genetically altered organisms, artificially pesticides and herbicides -- is a healthy, sustainable choice for the consumer. Yet, the genetic purity of organic seeds, and all natural seeds, is threatened by genetic pollution from genetically engineered plants. Read on to find out what you can do!The last chapter has seven actions consumers can take to resist genetic engineering.At under \$6 each, buy several copies of "Genetically Altered Foods and Your Health" - one to keep, two to give away. After reading this book, see if you can still wolf down a typical granola bar from the grocery store without a pang of concern.

This book was very well written and much more interesting and more readable than I expected. It captivated my interest. It wasn't dry reading like some sort of scientific journal report. It was very informative...a quick read. In only a few pages I learned alot about genetically altered foods. This short book covers the history of using genetically engineered seeds for farming. Dry scientific facts on field crop productivity and other issues are told through anecdotes from organic farmers affected by GM seed use in nearby fields. The farming companies that have decided to use the new genetically engineered seeds are having difficulty containing the cross pollination from their crops to other GM free farms. The long term effects on crop production and potential harm to allergic humans and other consumers in the food chain is discussed. This book is a "how to" guide for consumers trying to make informed decisions about the use of genetically altered foods. My own awareness was raised about the potential hazards of unlabeled products on supermarket shelves. For a good overview on this topic in a reader friendly book, I recommend you buy this inexpensive,

very readable book.

"A triumph of concise straight to the bone journalism. Ken Roseboro gives the facts on a major national health issue. And the facts tell a very disturbing story about the effects of Bio-engineered foods. Every mother should read this book and then call her representatives in Washington!"

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Genetically Altered Foods and Your Health: Food at Risk (Basic Earth Guides) Genetically Modified Foods : Banned By Other Countries but is a main staple of our diet! (Genetically modified organisms, Gmo, Food that ruin your life, ... Foods, organic food, Food addiction Book 1) Whole Food: The 30 Day Whole Food Challenge → Whole Foods Diet → Whole Foods Cookbook → Whole Foods Recipes (Whole Foods - Clean Eating) The GMO Takeover: How to Avoid Monsanto and These Harmful Foods (GMO, Genetically Modified Foods) (Avoiding Toxic GMO Foods and Monsanto to Stay Healthy Book 1) Altered Genes, Twisted Truth: How the Venture to Genetically Engineer Our Food Has Subverted Science, Corrupted Government, and Systematically Deceived the Public Genetically Modified Organisms: Opening Pandora's Box with Genetically Modified Food CHEAT SHEET SIMPLY for USA FOODS: CARBOHYDRATE, GLYCEMIC INDEX, GLYCEMIC LOAD FOODS Listed from LOW to HIGH + High FIBER FOODS Listed from HIGH TO LOW with OVER 375 foods BORN IN THE USA Whole: The 30 Day Whole Foods Challenge: Complete Cookbook of 90-AWARD WINNING Recipes Guaranteed to Lose Weight (Whole, Whole foods, 30 Day Whole ... Whole Foods Cookbook, Whole Foods Diet) Food Truck Business: How To Start Your Own Food Truck While Growing & Succeeding As Your Own Boss (Food Truck, Food Truck Business, Passive Income, Food ... Truck Startup, Food Truck Business Plan,) Genetically Modified Foods, Gmo Foods GMO Foods: The Truth About Genetically Modified Food... a Layman's Insight Into Genetically Modified Foods (Nutrition and Health) Genetic Roulette: The Documented Health Risks of Genetically Engineered Foods 30 Day Whole Food Challenge: Complete 30 Day Whole Food Diet Meal Plan WITH PICTURES; Whole Foods Cookbook → Approved Whole Foods Recipes for Clean Eating and Rapid Weight Loss 30 Day Whole Food Challenge: Complete 30 Day Whole Food Diet Meal Plan WITH BLACK & WHITE PICTURES; Whole Foods Cookbook → Approved Whole Foods Recipes for Clean Eating and Rapid Weight Loss #Food #Coloring Book: #FOOD is Coloring Book No.7 in the Adult Coloring Book Series Celebrating Foods, Snacks & Treats (Coloring Books, Foods, ... Series of Adult Coloring Books) (Volume 7) Forensic Assessment of Violence Risk: A Guide for Risk Assessment and Risk Management Shedding Light on Genetically Engineered Food: What You Don't

Know About the Food You're Eating and What You Can Do to Protect Yourself The Food Solution: Skip the Chemically-Ridden Altered Products (C.R.A.P.). Start Your 21-Day Diet Detox Today and Thrive. GMO Myths and Truths: A Citizen's Guide to the Evidence on the Safety and Efficacy of Genetically Modified Crops and Foods, 3rd Edition

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